

White Blood Cell...granular and non-granular, irregular shapes with varying sizes

Normal Small Other

Chylous...Fats from food intake...usually from the last meal. Caused by a congested liver or gall bladder not releasing enough bile.

1 2 3 4 5

Spicules...Fibers (fibrinogen) which form in response to liver stress / congestion / poor digestion, toxins, antibiotics, drugs, alcohol, tobacco, coffee.

1 2 3 4 5

Yeast...An advanced stage of fungal fermentation. Caused by poor assimilation of carbs, alcohol, cheese, sugars, antibiotics. Candida Albicans

1 2 3 4 5

Fungal Forms...Fungal growths found in the blood. Caused by poor assimilation of carbs, mold spores, antibiotics, grains, sugars, peanuts, cheese.

1 2 3 4 5

Bacteria L Forms...Advanced somatides that weaken the immune system. Caused by a depressed defense system. Frequent colds & illnesses.

1 2 3 4 5

Bacteria Rod Forms...Two headed bacterium that produces toxic by-products. Immune system is weakened. Advanced form of bacterial infection.

1 2 3 4 5

Parasitized RBCs...Bacteria or parasites inside the RBCs. Caused by a weakened immune system, pets, unwashed fruits & vegetables.

1 2 3 4 5

Sugar Crystals...Tiny crystalline particles in the plasma. Caused by the inability to utilize sugars or poor assimilation of carbohydrates / sugars.

1 2 3 4 5

Uric Acid Crystals...Green / blue or yellowish cast to crystalline forms. Caused by high levels of monosodium urate from undigested proteins.

1 2 3 4 5

Rouleau...RBC's linked in chains. Caused by an undigested protein by-product called monosodium urate.

1 2 3 4 5

Aggregation...RBC's clumped together. Caused by high amounts of undigested protein in the blood. Reduces oxygen flow in the blood.

1 2 3 4 5

Anisocytosis...Small and large immature RBC's. Caused by lack of B-12 / Folic Acid / Iron.

1 2 3 4 5

Ovalocytes...Oval shaped RBC's. lack of B-12 / Folic Acid. Hormonal imbalance in pregnant, menopausal or menstruating women. Can be a sign of anemia.

1 2 3 4 5

Target Cells...Donut shaped RBCs. Caused by cells lacking iron or poor absorption of iron, anemia, bile insufficiency, liver problems.

1 2 3 4 5

Sickle Cells...develop as a sickle, or crescent shape. Sick cells block blood flow, and cause pain, serious infections, and organ damage.

1 2 3 4 5

Poikilocytosis...Free Radical Damage...irregular shaped RBCs. Caused by ingestion or inhalation of toxins such as fumes, tobacco, chemicals, etc.

1 2 3 4 5

Echinocytes...Spiculated RBCs with projections. Caused by dehydrated cells, low potassium, kidney toxicity.

1 2 3 4 5

Acanthocytes...Spur cells...

Speculated RBCs with various length projections, depending on the toxin. Possible liver, lung or colon toxicity.

1 2 3 4 5

Plaque...Fat and platelet aggregation which have broken off the artery walls. Caused by excessive denatured fat intake, heated vegetable oils, sugars.

1 2 3 4 5